



DAY 1 PROGRAM

DELIVER and STaRR Showcase

Monday 20 November, 10:00 am to 5:00 pm

The Lighthouse Theatre, Warrnambool

9:30 – 10:00 am Registration

Theatre room **SESSION ONE: Integrating digital tools in healthcare delivered at home**
CHAIR: Professor Warren Payne, Executive Director, Western Alliance

10:00 am **Welcome**
Professor Warren Payne, Executive Director, Western Alliance

10:10 am **DELIVER: Research for better healthcare closer to home**
Professor Anna Peeters, Director, DELIVER program

10:20 am **KEYNOTE: Lessons from successes, failures and everything in between in remote patient management research**
A/Professor Emily Seto, University of Toronto

10:55 am **Sustaining implementation of remote patient monitoring in a regional health service**
Michelle Wilson, Barwon Health

11:05 am **Insights report remote patient monitoring in western Victoria health services**
Dr. Olivia Metcalf, DELIVER Digital Health Lead, University of Melbourne, Centre for Digital Transformation of Health

11:15 am **PANEL DISCUSSION - Virtual monitoring: funding, equity and sustainability:- ‘How can research progress the critical issues related to successful implementation and sustainability of virtual monitoring in regional and rural health services?’**
Facilitator: Craig Wilding, Chief Operating Officer, Community and Aged Care, and Chief Allied Health Officer
Julie Halifax, Consumer representative
Nickola Allen, CEO Maryborough Health Service
Anna George, Registered Nurse and HARP care coordinator, Colac Area Health
Jo Stevens, Acting Divisional Director Chronic and Complex Care, Western Health

12:10 pm **Closing remarks**
Professor Warren Payne, Executive Director, Western Alliance

12:15 pm **Lunch**
Foyer Catering by Wynton Food Store & Catering

SESSION TWO: **DELIVER activities snapshot**
Theatre room **CHAIR: A/Professor Kate Huggins, DELIVER Program Manager, Deakin University**

1:15 pm **Introduction and overview**
A/Professor Kate Huggins, DELIVER Program Manager, Deakin University

1:25 pm **Update from the MRFF on opportunities for rural and regional research**
Dr. Jordane Malaterre, Acting Director Patients and Infrastructure Section, Health and Medical Research Office, Australian Government Department of Health and Aged Care

1:35 pm **State of the evidence on barriers, benefits and enablers to Hospital in the Home for older adults in Australia**
Natalie Bransgrove, DELIVER PhD candidate, Federation University and East Grampians Health Service

1:45 pm **State of the evidence on barriers and enablers to the implementation of evidence-based practices in rural and regional healthcare settings**
Dr. Anna Chapman, DELIVER Implementation Science lead, Deakin University

1:55 pm **Grampians Watch – Lessons learned from co-designing solutions to prevent potentially avoidable hospital admissions**
Jade Odgers, Manager Clinical Innovation and Development, Grampians Health

2:05 pm **Local solutions to increase uptake of health service delivered home-based care programs**

Dr Cindy Needham, DELIVER Systems Thinking Co-design lead, Deakin University

2:15 pm **Questions**

SESSION THREE: Growing research capabilities in rural Victoria

Theatre room

CHAIR: A/Professor Anna Wong Shee, Grampians Health and Deakin Rural Health

2:25 pm **Engaging older people and carers in participatory research – a researcher’s guide**

Hannah Beks, Deakin Rural Health

2:35 pm **Fostering research-practice collaborations: exploring the utility of rapid evidence snapshots for health services**

Alison Buccheri and Michele Conlin, DELIVER Research Support Co-leads with Sophie Wathen, Better@Home Regional Project Coordinator Barwon South West Health Service Partnership

2:45 pm **Research culture and capacity in rural and regional health services**

Dr. Laura Alston, Colca Area Health, Dr Debbie Pu, Monash University

2:55 pm **Supporting translation of research in rural and regional health settings: Evolution of the STaRR program**

Dr. Olivia King, DELIVER Capacity Building Lead, Barwon Health/Western Alliance

3:05 pm **Questions**

3:15 pm **Afternoon tea**

Foyer

Catering by Wynton Food Store & Catering

SESSION FOUR: STaRR Emerging Researcher Showcase

Theatre room

3:45 pm **Welcome**

Dr. Olivia King, Manager Research Capability Building, Barwon Health/Western Alliance

3:50 pm **Improving the provision of prescribed food, fluid and mealtime supervision requirements in inpatient and aged care settings**

Cara Hill, Speech Pathologist, Barwon Health, Grampians Health

- 4:00 pm **Evaluation of Allied Health Assistant service provision in a community regional health setting**
Karen Pengelly and Helen Turley, Allied Health Assistants, Grampians Health
- 4:10 pm **Community-based strategies to increase the completion of Advance Care Directives: a narrative review**
Maree Fraser, Registered Nurse and Clinical Governance Coordinator Aged Care, East Grampians Health Service
- 4:20 pm **Barriers and Enablers to Prehabilitation prior to Breast Cancer Surgery in a Regional Health Service**
April Chiu, Physiotherapist, Barwon Health
- 4:30 pm **Identification of allied health professional development needs in regional and rural western Victoria**
Michael Pang, Physiotherapist, Grampians Health
- 4:40 pm **Close**
Dr. Olivia King, Manager Research Capability Building, Barwon Health/Western Alliance
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Networking cocktail event and entertainment

MC - Mr. Drew Aras, Executive Officer, Western Alliance

5:30 pm, The Pavilion Bar & Cafe, Warrnambool