



DAY 1 PROGRAM

DELIVER and STaRR Showcase

Monday 20 November, 10:00 am to 5:00 pm
The Lighthouse Theatre, Warrnambool

9:30 – 10:00 am	Registration
Theatre room	SESSION ONE: Integrating digital tools in healthcare delivered at home CHAIR: Professor Warren Payne, Executive Director, Western Alliance
10:00 am	Welcome Professor Warren Payne, Executive Director, Western Alliance
10:10 am	DELIVER: Research for better healthcare closer to home Professor Anna Peeters, Director, DELIVER program
10:20 am	KEYNOTE: Lessons from successes, failures and everything in between in remote patient management research A/Professor Emily Seto, University of Toronto
10:55 am	Sustaining implementation of remote patient monitoring in a regional health service Michelle Wilson, Barwon Health
11:05 am	Insights report remote patient monitoring in western Victoria health services Dr. Olivia Metcalf, DELIVER Digital Health Lead, University of Melbourne, Centre for Digital Transformation of Health

11:15 am	<p>PANEL DISCUSSION - Virtual monitoring: funding, equity and sustainability:- ‘How can research progress the critical issues related to successful implementation and sustainability of virtual monitoring in regional and rural health services?’</p> <p><u>Facilitator:</u> Craig Wilding, Chief Operating Officer, Community and Aged Care, and Chief Allied Health Officer Julie Halifax, Consumer representative Nickola Allen, CEO Maryborough Health Service Anna George, Registered Nurse and HARP care coordinator, Colac Area Health Jo Stevens, Acting Divisional Director Chronic and Complex Care, Western Health</p>
12:10 pm	<p>Closing remarks</p> <p>Professor Warren Payne, Executive Director, Western Alliance</p>
12:15 pm Foyer	<p>Lunch</p> <p>Catering by Wynton Food Store & Catering</p>
SESSION TWO: Theatre room	<p>DELIVER activities snapshot</p> <p>CHAIR: A/Professor Kate Huggins, DELIVER Program Manager, Deakin University</p>
1:15 pm	<p>Introduction and overview</p> <p>A/Professor Kate Huggins, DELIVER Program Manager, Deakin University</p>
1:25 pm	<p>Update from the MRFF on opportunities for rural and regional research</p> <p>Dr. Jordane Malaterre, Acting Director Patients and Infrastructure Section, Health and Medical Research Office, Australian Government Department of Health and Aged Care</p>
1:35 pm	<p>State of the evidence on barriers, benefits and enablers to Hospital in the Home for older adults in Australia</p> <p>Natalie Bransgrove, DELIVER PhD candidate, Federation University and East Grampians Health Service</p>
1:45 pm	<p>State of the evidence on barriers and enablers to the implementation of evidence-based practices in rural and regional healthcare settings</p> <p>Dr. Anna Chapman, DELIVER Implementation Science lead, Deakin University</p>
1:55 pm	<p>Grampians Watch – Lessons learned from co-designing solutions to prevent potentially avoidable hospital admissions</p> <p>Jade Odgers, Manager Clinical Innovation and Development, Grampians Health</p>

2:05 pm **Local solutions to increase uptake of health service delivered home-based care programs**
Dr Cindy Needham, DELIVER Systems Thinking Co-design lead, Deakin University

2:15 pm **Questions**

SESSION THREE: **Growing research capabilities in rural Victoria**
Theatre room **CHAIR: A/Professor Anna Wong Shee, Grampians Health and Deakin Rural Health**

2:25 pm **Engaging older people and carers in participatory research – a researcher’s guide**
Hannah Beks, Deakin Rural Health

2:35 pm **Fostering research-practice collaborations: exploring the utility of rapid evidence snapshots for health services**
Alison Buccheri and Michele Conlin, DELIVER Research Support Co-leads with Sophie Wathen, Better@Home Regional Project Coordinator Barwon South West Health Service Partnership

2:45 pm **Research culture and capacity in rural and regional health services**
Dr. Laura Alston, Colca Area Health, Dr Debbie Pu, Monash University

2:55 pm **Supporting translation of research in rural and regional health settings: Evolution of the STaRR program**
Dr. Olivia King, DELIVER Capacity Building Lead, Barwon Health/Western Alliance

3:05 pm **Questions**

3:15 pm **Afternoon tea**
Foyer Catering by Wynton Food Store & Catering

SESSION FOUR: **STaRR Emerging Researcher Showcase**
Theatre room

3:45 pm **Welcome**
Dr. Olivia King, Manager Research Capability Building, Barwon Health/Western Alliance

3:50 pm **Improving the provision of prescribed food, fluid and mealtime supervision requirements in inpatient and aged care settings**
Cara Hill, Speech Pathologist, Barwon Health, Grampians Health

- 4:00 pm **Evaluation of Allied Health Assistant service provision in a community regional health setting**
Karen Pengelly and Helen Turley, Allied Health Assistants, Grampians Health
- 4:10 pm **Community-based strategies to increase the completion of Advance Care Directives: a narrative review**
Maree Fraser, Registered Nurse and Clinical Governance Coordinator Aged Care, East Grampians Health Service
- 4:20 pm **Barriers and Enablers to Prehabilitation prior to Breast Cancer Surgery in a Regional Health Service**
April Chiu, Physiotherapist, Barwon Health
- 4:30 pm **Identification of allied health professional development needs in regional and rural western Victoria**
Michael Pang, Physiotherapist, Grampians Health
- 4:40 pm **Close**
Dr. Olivia King, Manager Research Capability Building, Barwon Health/Western Alliance
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Networking cocktail event and entertainment

MC - Mr. Drew Aras, Executive Officer, Western Alliance

5:30 pm, The Pavilion Bar & Cafe, Warrnambool



DAY 2 PROGRAM

Western Alliance Annual Symposium

Tuesday 21 November, 9:30 am to 3:00 pm
The Lighthouse Theatre, Warrnambool

8:45 – 9.30 am **Registration and arrival tea/coffee**

Theatre room

9:30 am **Welcome to Country and welcome address**
Mr. Lee Morgan
Gunditjmara Kirrae Whurrong traditional owner

Professor Brendan Crotty
Board Chair, Western Alliance

9:50 am **KEYNOTE: marra ngarrgoo, marra goorri: The Victorian
Aboriginal Health, Medical and Wellbeing Research Accord –
update and implementation**
Ms. Olivia Payne
Executive Manager, Research, Victorian Aboriginal Community
Controlled Health Organisation (VACCHO)

KEYNOTE: Translating evidence into practice - the holy grail
Professor Harriet Hiscock
Group Leader, Health Services and Economics, Centre for Community Child Health,
Royal Children's Hospital

10:45 am **Morning tea**
Foyer Catering by Wynton Food Store & Catering

	Session One Health services and systems research	Session Two Women's health research showcase	Session Three Population and community health research
Room	Studio room	Theatre room	Meeting room
Session Chair	Dr. Laura Alston Colac Area Health	Dr. Olivia King Western Alliance	Dr. Michael Field Western Alliance
	<p>Ms. Claire Nailon South West Healthcare</p> <p><i>Working Towards a Better Healthcare Experience for People with Hidden Disabilities: Co-Designing Hospital Improvements to Enhance Patient Experience</i> 10m</p>	<p>Dr. Samantha Dawson Deakin University</p> <p><i>The Pregnancy Research and Translation Ecosystem: Improving the proportion of women meeting the dietary guidelines in pregnancy</i> 10m</p>	<p>Ms. Cecilia Fitzgerald & Ms. Tracey Hatherell National Centre for Farmer Health</p> <p><i>Scaling up farmer health checks through collaborative partnerships</i> 10m</p>
	<p>Dr. Feby Savira Deakin University</p> <p><i>Evaluation of implementation and utilisation of telehealth services during the COVID-19 pandemic in rural Victoria, Australia</i> 10m</p>	<p>Dr. Luba Sominsky Barwon Health/Deakin University</p> <p><i>The Pregnancy Research and Translation Ecosystem: Applying Group Model Building to address the rising rates of perinatal depression and anxiety</i> 10m</p>	<p>Dr. Kara Holloway-Kew Deakin University</p> <p><i>Emergency presentations for farm-related injuries in older adults residing in south-western Victoria, Australia</i> 10m</p>
	<p>Dr Megan Turner Deakin University</p> <p><i>Healthcare workers' knowledge, attitudes, and adoption of lifestyle-based mental health care: Preliminary findings from a mixed-methods survey</i> 10m</p>	<p>Mrs. Rachael Cusworth Deakin University</p> <p><i>The Pregnancy Research and Translation Ecosystem: Robson Group audit of caesarean section rates across health services in the Barwon, South West and Grampians Regions</i> 5m</p>	<p>A/Professor Alison Kennedy & Ms. Suzy Malseed National Centre for Farmer Health</p> <p><i>Back on Track: A feasibility trial of peer-led behavioural activation (BA) to improve mental health in farming communities</i> 10m</p>
	<p>Dr. Vidanka Vasilevski Deakin University</p> <p><i>Rural maternity and media discourse: Framing new narratives</i> 10m</p>	<p>Dr. Madeleine Ward Obstetrics & Gynaecology Ballarat/Deakin University</p> <p><i>Telementoring in Gynaecology Endosurgical Procedures During the COVID-19 Pandemic</i> 10m</p>	<p>Dr. Virginia Dickson-Swift Violet Vines Centre for Rural Health Research/La Trobe University</p> <p><i>Community water fluoridation and oral health inequity: Insights from Western Victoria.</i> 10m</p>

<p>A/Professor Mark Yates Grampians Health</p> <p><i>Lessons learnt from a community driven digital social connection pilot program for people living with dementia: A qualitative interview study</i></p> <p>10m</p>	<p>Dr. Madeleine Ward Obstetrics & Gynaecology Ballarat/Deakin University</p> <p><i>Women's experience of a maternal assisted caesarean section: a mixed methods study</i></p> <p>10m</p>	<p>Ms. Dorothy McLaren West Wimmera Health Service</p> <p><i>Something to Smile About: improving oral health outcomes in the Wimmera Mallee</i></p> <p>10m</p>
<p>Ms. Eloise Simpson South West Healthcare</p> <p><i>A novel group-based review method improved attendance and reduced wait times in a public health outpatient physiotherapy setting</i></p> <p>5m</p>	<p>Dr. Russell Dalton Obstetrics & Gynaecology Ballarat/Deakin University</p> <p><i>Time to hysterectomy following transcervical resection of the endometrium based on age: a retrospective cohort review</i></p> <p>10m</p>	<p>Ms. Krista Fischer Grampians Health</p> <p><i>Enhancing oral health in a regional setting: identifying strengths and opportunities</i></p> <p>10m</p>
<p>Mrs. Gemma Siemensma Grampians Health</p> <p><i>Health library support for Australian medical training programs – a content analysis</i></p> <p>5m</p>	<p>Dr. Mikaela Jacka Illawarra Shoalhaven Local Health District</p> <p><i>Heavy menstrual bleeding: Experiences & Learnings from Patients Survey (HELPS)</i></p> <p>10m</p>	<p>Dr. James Lucas Deakin University</p> <p><i>When primary healthcare meets queerstory: community-based system dynamics influencing regional/rural LGBTQ+ people's access to quality primary healthcare in Aust</i></p> <p>10m</p>
<p>Mrs. Gemma Siemensma Grampians Health</p> <p><i>Government-supported clinical knowledge and information resource portals: how does western Victoria fair?</i></p> <p>5m</p>	<p>Dr. Joelle Kelly-Comarmond Grampians Health</p> <p><i>Ovarian torsion post laparoscopic hysterectomy</i></p> <p>5m</p>	
<p>Ms. Erin Parker Barwon Health</p> <p><i>When nobody else knows what to do: role of Social Work in Community Health</i></p> <p>5m</p>		
<p>Ms. Erin Parker Barwon Health</p> <p><i>Healthcare gaps and barriers to service utilisation within Geelong Refugee Communities</i></p> <p>5m</p>		

12:30 pm

Lunch

Foyer

Catering by Wynton Food Store & Catering

1:15 pm

Regional and Rural Research Showcase – afternoon concurrent oral presentations

	Session One Health workforce research and capability building	Session Two Clinical research	Session Three Primary care research showcase
Room	Studio room	Theatre room	Meeting room
Session Chair	Ms. Ashleigh Clarke Grampians Health	Ms. Alesha Sayner Western Alliance	A/Prof. Anna Wong Shee Grampians Health
	Dr. Michael Field Western Alliance <i>A quantitative evaluation of the impact of COVID-19 case activity on the wellbeing of Victorian rural and regional health staff (The CReW Study)</i> 10m	Mr. David Brownridge Grampians Health <i>Penicillin Allergy - legit or legacy?</i> 10m	Ms. Madison Frith Deakin University <i>Evaluation of the Priority Primary Care Centre program in the Western region of Victoria, Australia</i> 10m
	Ms. Alison Buccheri Colac Area Health <i>CReW-Ace: COVID-19 & Regional Health Staff Wellbeing – Accessibility of Supports</i> 5m	Dr. Jaclyn Bishop East Grampians Health Service <i>Implementing a penicillin oral challenge program in a rural health service</i> 10m	Dr. Melinda Gill Western Victoria PHN <i>Rapid cycle evaluation of a program to enhance the readiness and response to family violence in general practices</i> 10m
	Professor Alison Hutchison Barwon Health/Deakin University <i>The impact of the COVID-19 pandemic response on the health workforce in rural and regional Australia: Lessons learned</i> 10m	Ms. Suzie Clayden Deakin University <i>I-HEART: Implementation of HEART failure guidelines in Regional Australia</i> 10m	Ms. Sarah Crowe Western Victoria PHN <i>Measuring Digital Health Maturity in General Practice</i> 10m
	Mrs. Ancara Thomas East Grampians Health Service	Ms. Rutuja Sathe Ballarat Austin Radiation Oncology Centre	Mr. Jamie Swann Western Victoria PHN <i>Measuring Outcomes in</i>

<p><i>Supporting the wellbeing of residential aged care staff (Swell-RAC)</i> 10m</p>	<p><i>Improving Pre-Intervention Deep Inspiration Breath-Hold (DIBH) Education for Patients Undergoing Left Sided Breast Radiotherapy.</i> 10m</p>	<p><i>Chronic Conditions</i> 10m</p>
<p>Dr. Olivia King Barwon Health/Western Alliance <i>Rural research translation mentoring: the experiences and perspectives of emerging researchers, mentors, and managers</i> 10m</p>	<p>Mrs. Jessica Thomson Grampians Health <i>Intra-infusion exercise in a regional chemotherapy day unit: a patient perspective</i> 10m</p>	<p>Mr. Jamie Swann Western Victoria PHN <i>Evaluation of primary care and help-seeking promotion programs to increase dementia diagnosis and early treatment</i> 5m</p>
<p>Mr. Michael Pang Grampians Health <i>Grampians Health Covid-19 interdisciplinary training for allied health in critical care</i> 5m</p>		<p>Ms. Tejal Kulkarni Western Victoria PHN <i>Understanding service needs in Residential Aged Care: A survey of providers in Western Victoria</i> 5m</p>
		<p>Mrs. Rachael Krepp & Ms. Joanne Harris Western Victoria PHN <i>Step Thru Care, Co-Design of Place-Based Integrated Mental Health and Alcohol and other Drug Programs</i> 5m</p>

FINAL PLENARY SESSION

Theatre room

2:15 pm

KEYNOTE: AI for health

Professor Peter Vamplew
Professor, Information Technology, Institute of Innovation,
Science and Sustainability, Federation University

KEYNOTE: No one can whistle a symphony

Ms. Katherine Stanley
Consumer Advocate and Director of the Endo Help Foundation

2.55 pm

Closing address

Professor Warren Payne
Executive Director, Western Alliance